**By The Student**    **Date:\_\_\_/\_\_\_/20\_\_\_**

***Name: (Capitals) Ms. /Mr.* Date of Birth:**

**Address:**

 **PIN: email:**

**Phone Nos:**

**Name of school you studied: Primary classes:**

**Marks /Grades**

(If you do not remember any marks, at least give approximate or range e.g., “between 40 & 50”)

|  |  |  |  |
| --- | --- | --- | --- |
| **9th / 10th Std: Year: 20\_\_\_** |  English | Hindi/Kannada: |  |
| **Overall percent:** | Science: | Math: | Social Sc: |
| **Board** - **SSLC/ICSE/CBSE/NIOS/IB** **/Other:**  | Other:  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **12th Std: Year: 20\_ Only If Applicable \_** |  English | 2 | 3 |
| **Overall percent:** | 4 | 5 | 6 |
| **Board -SSLC/ICSE/CBSE/NIOS/IB****/ PUC /Other**  | 7 | 8 | 9 |

|  |  |  |  |
| --- | --- | --- | --- |
| **UG Year: 20\_ Only If Applicable \_** | 1 | 2 | 3 |
| **Overall percent:** | 4 | 5 | 6 |
| **University / College**  | 7 | 8 | 9 |

**Which is your favorite subject, and why**

**Your favorite song(s):**

**Pets you like: Language(s) spoken at home:**

**Your 3 best qualities Three shortcomings of yours:**

1. 1.

2. 2.

3. 3.

**Father’s name, qualification & occupation Mother’s name, qualification & occupation**

**What do your parents or friends comment about you most of the time?**

**Who is your role model and why?**

**Who is (or was) your favorite teacher/friend and why:**

**With computer/laptop, which you do regularly**: ( ) Browsing the Net ( ) playing games

() **Face book, etc. ( ) creative/design ( ) coding/programming ( ) movies/songs**

**( ) others (give details):**

**What aspect of your mobile phone you like most**?

**For your future career, what profession you would prefer:**

 **Field/profession Reasons for selecting it**

1.

2

**What career do your parents want you to take up?**

**Have you had any failures/ setbacks or major illness any time?**

**Which subject(s) you like most?**

**Which ones you like least?**

**Give details of any Internship /Job you are taking or have taken:**

**If you had full freedom from your parents and others to do whatever you want after completing 10th and 12th , what would you like to do, where, how:**

**Write in detail:** What will you do if you receive a cash prize of Rs. 10,00,000/- (ten lakhs)?

If you have Rs. 10,000/- to buy gifts for 3 of your best friends, what will you buy for them?

Extracurricular activities, sports, interests (and what you have achieved in them):

**Mark the most suitable answer on the following questions:**

1. **Are you:** introvert, shy reserved or extrovert, social, outgoing?
2. **Compared to others, is your intelligence**: above average, average, or below?
3. ***Do you think*:** logically, analytically or emotionally, impulsively?
4. **Do you prefer**: deep systematic concentration or variety and challenges?
5. ***Do you prefer*:** travelling, meeting people or desk work, routine?
6. ***Who is your role model, the person you admire most*?** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. **In arguments, do you***:* convince, persuade or give in & ignore?
8. **Do you wish to:** study further for many years or get down to work fast?
9. **Write down one activity (not necessarily work related), that you enjoy doing most:**
10. **If you have a clear long-term goal,** **write it down, and write the steps by which you will reach there:**
11. **What do you get praised for most often?**
12. **Write two or three sentences about what makes you a unique human being in this world:**

**Let's Understand Ourselves**. (***Confidential: Your answers will not be disclosed*)**

.1. (a) **How much money do you spend per month**: Rs. \_\_\_\_\_ **Do you keep account**: yes/no

 (b) **Do you save money: yes/sometimes/no**

 (c) **What are the items you spend more on**:

 (e**) What are the tasks you take responsibility for**:

(a) **at College**

 **(b) At home or outside:**

**In each of the following questions rate as follows:**

**1 = not at all, 2 = slightly 3 = quite a bit, 4 = very much**

(2) **How good and open is your communication with the following?**

[ ] Mom
[ ] Dad
[ ] other: Name: \_\_\_\_\_\_\_\_\_\_\_\_\_
[ ] class teacher
[ ] best friend
[ ] sister/brother \_\_\_\_\_\_\_\_\_\_\_\_

(3**) How strong are these emotions in you in general.**

[ ] happiness
[ ] sadness
[ ] irritation
[ ] anxiety or worry
[ ] boredom
[ ] anger
[ ] fear
[ ] restlessness

(4)  **How often and how much do you feel angry with the following.**

[ ] mom
[ ] dad
[ ] teachers
[ ] Other: Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
[ ] class mates
[ ] best friend
[ ] education system/ school
[ ] yourself

(5)  **How much do you use each of these methods to express anger?**

[ ] shouting
[ ] sulking
[ ] by banging doors
[ ] crying
[ ] destructive behaviors
[ ] any other forms?

(6) **How clear are you about your goals or ambition?** [ ]

(7) **How confident are you about attaining your goals** [ ]

(8) **How much do these distract you when studying:**

 Phone calls [ ] TV [ ] Games [ ] day dreaming [ ]

(9) **Tell us about one good friend and his/her qualities:**

(10) **Write one nice, touching, or significant memory about your school days**

1. 11 How did you feel when filling up this form?